

Squeeze a ball



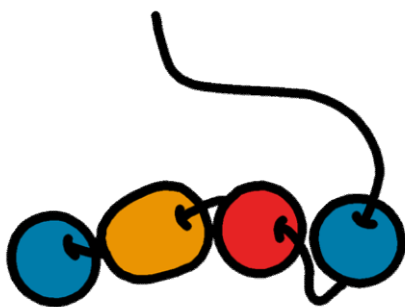
Squish play dough



Practice breathing techniques



String beads



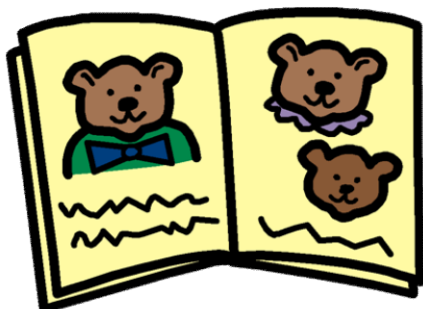
Rub lotion on my hand



Hold a stuffed animal



Read a book



Sit with a friend



Sit with a teacher



Safe Place Choices