



# Getting to Know Me

## My Transition Book

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My Name

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My Birthday

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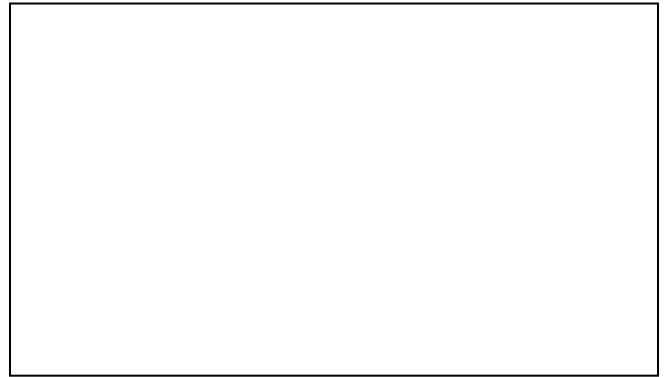
Signature of My Parent(s) and Date

I like to be called by this name: \_\_\_\_\_

Here is a photo of me:



Here is a photo of my family:



The people who make me happy are: \_\_\_\_\_  
\_\_\_\_\_

We speak this language in our home: \_\_\_\_\_

My pet is a: \_\_\_\_\_ My pet's name is: \_\_\_\_\_

My favorite toys to play with are: \_\_\_\_\_

A song I like to sing is: \_\_\_\_\_

The foods I like to eat the most are: \_\_\_\_\_  
\_\_\_\_\_

The things I'm a little bit afraid of are: \_\_\_\_\_  
\_\_\_\_\_

The thing I like the most about going to school is: \_\_\_\_\_  
\_\_\_\_\_

I like books about: \_\_\_\_\_

When I'm outside I like to play on: (For example: swing, trike, playground, with toys, other)  
\_\_\_\_\_  
\_\_\_\_\_

Here are some of the words I can say:  
\_\_\_\_\_  
\_\_\_\_\_

My parent(s) or teacher thinks this information would help you to better understand my needs.

1. I may need this kind of help in the bathroom:

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2. I may need this kind of help in getting dressed:

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3. I may need this kind of help at lunch and snack time:

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4. I may need this kind of help with walking, sitting, standing, or moving around:

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5. When I'm playing outside, I might need a little help with:

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6. This is how I communicate with my parent(s) or teacher: (sign language, pictures, etc.)

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7. This is how I play with other children:

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8. When I get upset, this is what works best to help me:

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My parent(s) or teacher thinks this is the most wonderful thing about me:

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This is the thing my parent(s) or teacher hopes I'll be able to keep doing when I start my new program:

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Important medical information that you need to know about me:

I have some allergies and they are: \_\_\_\_\_

I take this kind of medication: \_\_\_\_\_

I have been in the hospital or treated for this medical condition:

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Helpful information my parent(s) or teacher wants to share:

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Look on the back for any other information or pictures, too!

For additional copies visit the website [www.floridtransitionproject.com](http://www.floridtransitionproject.com) or contact the Project Coordinator, [bettianne@floridatransitionproject.com](mailto:bettianne@floridatransitionproject.com)