

Activity to Connect

Week/
I love You Rituals Vol. 1 or 2
1-2 I love to Be with You (Vol.2, #1 or #17))
3-4 You Touch My Nose (Vol.2, #16)
5-6 Row, Row, Row Your Boat (Vol.1, #26) & 1,2,3,4,5 (Vol.2, #8)
7-8 Baa, Baa, Black Sheep (Vol.2, #4)
9-10 Peter, Peter Pumpkin Eater (Vol.1, #2) & Little Miss Muffet (Vol.1, #2)
11-12 Bye, Bye Crankies (Vol.2, #15) & I'm Bringing Home a Baby Dinosaur...Wont my Mommy Hide Behind the Door
13-14 Dancing Hands (Vol.1, #12)
15-16 I'm Hiding, I'm Hiding (Vol.1, #24)
17-18 Twinkle, Twinkle, Little Star (Vol.1, #3)
19-20 I'm a Helpful Person (Vol.2, #21)
21-22 Two Black Birds (Vol.2, #11)
23-24 Ten Little Candles (Vol.1, #18)
25-26 Hello Game (Vol.2, #10)
27-28 Three Nice Mice (Vol.1, #5)
29-30 A Wonderful Woman Who Lived in a Shoe (Vol.1, #1)
31-32 Round and Round the Garden (Vol.2, #17) & I'm Bringing Home a Baby Grizzly Bear...Wont my Mommy Pull Out all Her Hair
33-34 Here is the Beehive (Vol.1, #7)
35-36 Mr. Sun (Vol.1, #15)
37-38 5 Sticky Lollypops
39 Popcorn Song & Calamine Lotion
40 Summer Song & Herman the Worm http://www.preschoolrainbow.org/preschool-summer.htm

Activity to Commit

Week
1-2 Look In the Eyes
3-4 Greet
5-6 Say His/Her Name
7-8 Listen/ Follow Directions
9-10 Please and Thank You
11-12 Waiting
13-14 Ask For Help/Talk
15-16 Get Your Friends Attention
17-18 Get Your Friends Attention
19-20 Asking
21-22 Giving
23-24 Give A Play Idea
25-26 Your Turn- Can I hold It
27-28 Share Toys
29-30 Feelings
31-32 Saying No
33-34 Table Manners
35-36 Showing Affection
37-38 Indoor Manners
39 Outdoor Manners
40 Find a Friend

Social Skills Checklist

The child usually:

- * Approaches others positively.
- * Expresses wishes and preferences clearly.
- * Asserts own rights and needs appropriately; gives reasons for actions and positions.
- * Is not easily intimidated by bullies.
- * Expresses frustrations and anger effectively without escalating disagreements or harming others.
- * Gains access to ongoing groups at play and work.
- * Makes relevant contributions to ongoing activities.
- * Takes turns fairly easily.
- * Shows interest in others.
- * Negotiates and compromises with others appropriately.
- * Does not draw inappropriate attention to self.
- * Interacts nonverbally (smiles, waves, nods) with other children.

Activity to De-stress

Week
1-2 Star
3-4 Draining, Dish Wring
5-6 Pretzel
7-8 Mooing or animal Noise
9-10 Wheel Roll...Flat Tire
11-12 Dinosaur Stomp
13-14 Ballooning
15-16 Peek A Phew, Tree Sway and Stretch
17-18 Rocket Blast Off
19-20 Firecracker Pop
21-22 Flap your Wings
23-24 Monster Puff
25-26 Wind Blow
27-28 Bunny Breathing
29-30 Baby Cry...Breathe
31-32 Bear Stomp
33-34 Out the Tent and Breathe
35-36 Prince and Princess Dance and Stop
37-38 Stretch and Coil
39 Tornado Spin
40 Butterfly

Activity to Unite

Week/Month
<p>August: 1-2 CD- My School Family-Jack Hartmann Or Name Song: Teacher: I have a name. You have a name. I will call you by your name. Child: I'm _____. That's my name.</p>
<p>September: 3-4, 5-6 CD- My School Family-Jack Hartmann Or Name Song: Teacher: I have a name. You have a name. I will call you by your name. Child: I'm _____. That's my name. Story: (Sing a Song of Sixpence) It's time to watch and listen, We're going to read a book. We'll sit down on the rug And use our eyes to look, We'll look at pictures, And hear the story, too. Oh, what fun it is to share This story time with you!</p>
<p>October: 7, 8, 9, 10 CD- Welcome -Jack Hartmann Or (Tune: "The Mulberry bush") This is the way we start the day, Start the day, start the day, This the way we start the day, So early in the morning. First we smile and shake a hand, Shake a hand, shake a hand, First we smile and shake a hand, So early in the morning. Then we sit down quietly, Quietly, Quietly Then we sit down quietly, So early in the morning. We listen very carefully, Carefully, Carefully, We listen very carefully, So early in the morning.</p>
<p>November: 11, 12, 13, 14, 15 CD- Get Ready-Jack Hartmann Or (tune: Frere Jacques) Hello, _____, hello, _____ How are you? How are you? We're so glad to have you, we're so glad to have you, here at school, here at school.</p>
<p>December: 16-17 CD- I wish you Well- Jack Hartmann Or (Tune: Muffin Man) If you're wearing red today, Red today, red today, If you're wearing red today, Stand up and say "Hoo-ray!" Repeat: for other colors Or: Teacher: Can you find _____? _____? Can you find _____? _____? He has a blue shirt on. Children: Point to the child.</p>
<p>January: 18, 19, 20, 21, 22 CD- Caring Friends-Jack Hartmann Or (Melody: Shoo, Fly) Hi there, so glad you came Hi there, so glad you came Hi there, so glad you came 1-2-3 let's shout "hurray!" Hurray (spoken) Hi there, so glad you're here Hi there, so glad you're here Hi there, so glad you're here 1-2-3 let's give a cheer! Yeal (spoken) Teacher can shake hands with the children as this song is sung</p>
<p>February: 23, 24, 25, 26 CD- Look at Me-Jack Hartmann or (Melody: Bluebird) Hello, hello everybody Hello, hello everybody Hello, hello everybody So very glad to see you. Hola, hola, everybody Hola, hola, everybody Hola, hola, everybody So very glad to see you. Shalom, Shalom everybody Shalom, Shalom everybody Shalom, Shalom everybody So very glad to see you. Bonjour, bonjour, everybody Bonjour, bonjour, everybody Bonjour, bonjour, everybody So very glad to see you. Buenos dias, everybody Buenos dias, everybody Buenos dias, everybody So very glad to see you. Shake hands as you sing</p>
<p>March: 27, 28, 29 CD- Friendship Chant or Hey!Hi!Howdy!Yo! There are many ways to say hello! Wave your hand.Nod your head. Smile big or wink instead. Blow a kiss.Tip your hat. Shake your hands.Give a pat. Of all the ways to say hello, Here's the way I like to go --How Do You Say Hi? Story: (Tune: The Farmer in the Dell) The author writes the book (click with tongue) The author writes the book (click with tongue). Hi ho the dairy oh the author writes the book. The illustrator draws (click tongue) The illustrator draws. Hi ho the dairy oh the illustrator draws. We read from left to write. We read from left to right. Hi ho the dairy oh we read from left to right. We read up to down. We read up to down. Hi ho the dairy oh we read up to down.</p>
<p>April: 30, 31, 32, 33 CD- People to People or (Tune: "The Farmer In The Dell") Mary's here today, Mary's here today. Let's all clap our hands and say. Hip, hip hurray! Story: Point to the book Point to the door Point to the author Point to the floor Point to your illustrator Point to your knee Point to you and point to me.</p>
<p>May & June: 34, 35, 36, 37, 38, 39, 40 CD- "The More We Get Together" Or (Sung to Mary Had A Little Lamb) We welcome you to school today, School today, School today, We welcome you to school today, It's almost summer time. Our time together is almost done almost done, almost done, almost done. Our time together is almost done but let's all hug til' then.</p>