

PROPER DIAPERING TECHNIQUES

1. **CHECK** to be sure all necessary supplies are ready.
2. **PLACE** roll paper or disposable towel on diapering surface.
3. **PUT** on disposable gloves now.
4. **LAY** the child on the diapering surface.
5. **REMOVE** clothing and soiled diaper.
 - Put disposable diapers in a plastic bag or plastic-lined receptacle.
 - If clothes are soiled, put them in a plastic bag to be taken home.
6. **CLEAN** the child's bottom with a premoistened disposable towelette or a damp paper towel.
 - Dispose of the towelette or paper towel in the plastic bag or plastic-lined receptacle.
 - Remove the paper towel from beneath the child and dispose of it the same way.
7. **WIPE** your gloved hands with a premoistened towelette or a damp paper towel.
 - Dispose of this towel in the plastic bag or plastic-lined receptacle.
8. **DIAPER** and dress the child.
9. **DISCARD** disposable gloves now.
10. **WASH** the child's hands and return the child to the group.
11. **CLEAN** and **DISINFECT** the diapering area and any equipment and supplies you touched.
12. **WASH** your hands.

Source: Adapted from guidelines provided by the Centers for Disease Control, Atlanta, GA. (To be copied and displayed at the diaper changing station).

PROPER HAND WASHING TECHNIQUES

Use soap and running water.

Rub your hands vigorously.

Wash all skin surfaces, including:

- backs of hands
- wrists
- between fingers
- under fingernails

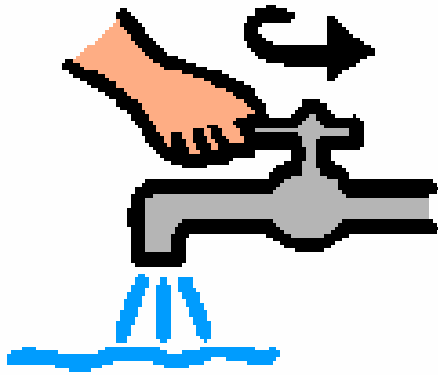
Rinse well.

Turn off water.

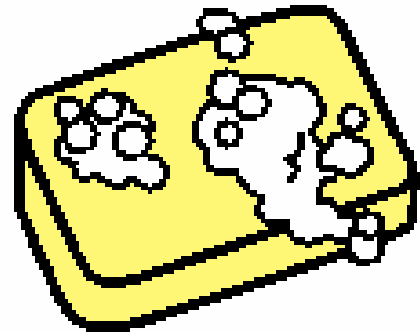
Dry hands with a paper towel.

Source: Adapted from guidelines provided by the Centers for Disease Control, Atlanta, GA. (To be copied and displayed above the sink).

turn on



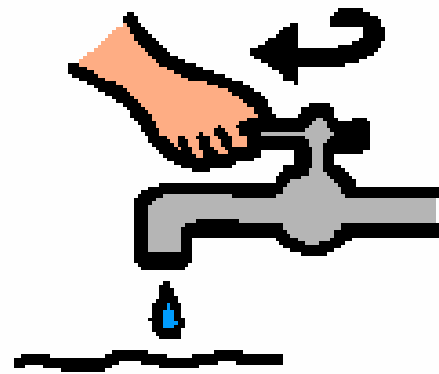
soap



wash hands



turn off



dry hands



Wash Hands